

Insignificant Events in the Life of a Cactus

By Dusti Bowling

Discuss

Talk through your thoughts.

- Aven faces some challenges at her new school, especially around her limb differences. Why do you think her limb differences made people so uncomfortable?
- If you were to meet Aven in real life, how do you think you would react? How has this book changed the way you would interact with people who are different from you?

Create

Make an experience of your own.

- Aven uses her feet to paint. Try to create a painting or drawing using your feet or even your elbow.
- Aven has learned how to do everyday things differently, even if it takes her longer. Think of a tool you could create that would help Aven with a task in her life.

Imagine

Use your imagination to explore.

- Imagine you had your own blog like Aven. What would your blog be about? Who would your audience be?
- Aven has not let the challenges of her limb differences hold her back, but sometimes it is difficult. Try being mindful of a difficult obstacle you faced. How did you get through it? Practice some mindful phrases to help get you through difficult situations such as “You’ve got this!” or “Keep Going!”